

UNHEALTHY TEETH / GUMS AND SYSTEMIC DISEASES



The mouth is the window into the health of the body. It can show signs of diseases, nutritional deficiencies, or general infection. Recent studies show that several systemic diseases (those that affect the entire body) are linked to oral bacteria.



Alzheimer's disease is linked to the spread of oral bacteria into the brain and its surrounding structures .



Untreated gum and periodontal diseases can lead to heart problems like bacterial endocarditis.




Advanced gum and bone disease increase the risk of pancreatic cancer according to the study published in the journal of the National Cancer Institute



Sleep apnea if untreated can result in a number of health problems including diabetes, high blood pressure and stroke.

CONTACT US

 714-669-9555.

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PANCREATIC CANCER LINKED TO STRANGE ORAL BACTERIA



Excerpt from the article posted by Dr. Glenn S. Rothfeld, MD on April 23, 2019. Retrieved from <https://www.realadvantagenutrients.com/health-blog/2019/04/23/cancer/>

Doctors have known for a while that bacteria is somehow connected to pancreatic cancer. We've seen bacteria present in tumors.

But exactly what this meant was unknown until very recently-which makes this discovery all the more important...

New research finds there are LOADS of a certain type of **oral bacteria in aggressive, malignant tumors**. That's the bad news. (Conversely, tumors without these bacteria are vastly more likely to be benign).

Folks, this is yet more proof that bacteria doesn't just stay in one place. Your gut, your mouth.. it's all connected to the rest of your body.

And when it gets out of control, it can do **SERIOUS DAMAGE** to your health!

The oral bacteria researchers discovered in the malignant tumors is related to **periodontal disease**.

That lead us to the good news - **this cancer-causing bacteria is easy to treat!**

Here's what you can do:

1. The quick fix is to **brush and floss regularly**. If you don't like the traditional dental floss, get yourself a Waterpik. It's not a 100 percent fix but it's far better than doing nothing at all.
2. You should also **go to the dentist every six months or as directed by your dentist and/or hygienist**. Everything starts in your mouth- even heart disease. So keeping track of your dental health can keep you healthy overall.
3. And there is one more thing you can do: **take a resveratrol supplement**.

Resveratrol, a natural polyphenol found in the skin of red grapes, has several science-backed health benefits. It can lower your blood pressure, act as an anti-inflammatory, and protect your brain function to start.